

## UH Weekly Update

Special Message <uhnjininfo@uhnj.org>

Wed 6/24/2020 10:06 AM

To: UH-All <uh-all@uhnj.org>



UNIVERSITY HOSPITAL  
Newark, New Jersey

WEEKLY  
BRIEFING

6/24/2020

Confirmed COVID-19 Patients currently at UH

8

COVID-19 Patients Discharged Since April 1<sup>st</sup>

562



### UH Ed. Specialist Honored by the DAISY Foundation



Heather Linsalata, Education Specialist in Nursing, has been presented the DAISY Award in recognition for her contributions to nursing. The national program was created by the DAISY Foundation for hospitals to recognize their outstanding nurses. Labor Relations Director Eva M. Serruto nominated Heather for creating and implementing UH's Nursing Residency program which has been invaluable for nursing retention and increased quality of patient care.

*"Heather is not only a nurse educator, but a human kindness educator," Serruto said. "That is a trait Heather was born with and teaches without even knowing it. UH, our patients, and our community are lucky to have Heather as part of the UH family. She is an individual who teaches kindness by doing it naturally and effortlessly every day."*

**Congratulations to Heather on this well deserved honor!**



UH Breastfeeding Task Force Needs You

As University Hospital has shown its commitment to supporting families in breast milk feeding, we ask you to:

- 1) Share your passion and commitment to breastfeeding with a short video segment using your smartphone.
- 2) Share your favorite recipes that are good for pregnancy, postpartum, breastfeeding or snacks for the kids.

Please submit videos and/or recipes to [CANELOA1@UHNJ.ORG](mailto:CANELOA1@UHNJ.ORG) by July 15<sup>th</sup>.

Submissions will be compiled and a booklet will be printed to be shared with patients and staff during World Breastfeeding Week from August 1<sup>st</sup> to the 7<sup>th</sup>. This year's theme: ***Support Breastfeeding for a Healthier Planet.***



## UH Facebook Live - Violence as Public Health Issue



Thursday June 25, 2020  
6:30 - 7:30 PM  
FACEBOOK LIVE

**Panelists**

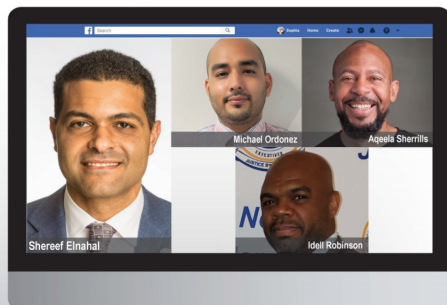
Michael Ordonez  
Program Support Specialist  
Hospital Violence Intervention Program

Aqeela Sherrills  
Executive Director of the Newark Community Street Team (NCST)

Idell Robinson  
President of the Newark Bronze Shields

VIOLENCE AS A  
PUBLIC HEALTH ISSUE  
A Leading Cause of Death  
for Men of Color

Moderated by  
SHEREEF ELNAHAL, MD, MBA,  
University Hospital, CEO



- Aqeela Sherrills is the Executive Director of the Newark Community Street Team

Tune into  
[@UniversityHospitalNewark](https://www.facebook.com/UniversityHospitalNewark) on  
**Facebook Live** tomorrow at 6:30  
PM for our next event  
for **#MensHealthMonth**.

Dr. Elnahal and the panelists will explore violence as a public health issue for men of color. He will be joined by a great line-up including:

- Michael Ordonez of our model Hospital Violence Intervention Program
- Idell Robinson is the President of the Newark Bronze Shields



## Virtual Chapel at UH Summer Calendar

The Virtual Chapel at University Hospital has collaborated with

## The **VIRTUAL** Chapel at University Hospital

the Mayor's Office  
of Clergy Affairs/Newark  
Interfaith Alliance to offer  
an inspired array  
of spiritual, religious and  
wellness events with a  
common goal:

the spiritual health, healing and resilience of ALL healthcare workers in  
the City of Newark.

For more information please see our calendar  
at: [www.uhnj.org/chapel/calendar.pdf](http://www.uhnj.org/chapel/calendar.pdf)

To join events directly, simply click on [uhnj.webex.com/meet/chapel](http://uhnj.webex.com/meet/chapel).  
The event window will open as soon as the next event is scheduled.



### Stress Management Webinar



EMS invites you to attend this webinar designed to help health professionals working on the frontlines of the COVID-19 pandemic. **The one-hour session is available tomorrow Thursday June 25<sup>th</sup> at 10 am.**

Featuring experts from NATAL: Israel Trauma & Resiliency Center, the webinar will address:

- Managing the transition from work to home
- Coping with anxious community members
- Dealing with quarantine and its fatigue
- Tools for recharging after a tough shift
- Setting limits
- The power of rituals

**You can join via Zoom or phone:**

o Zoom Meeting ID: 263 929 7241

o Direct Link to the Zoom meeting:

<https://us02web.zoom.us/j/263929724>

o Phone Access: (646) 558-8656



### COVID-19 Workplace Survey

NJMS is conducting a short completely anonymous survey that asks how your well-being has been

**The FUTURE Arrives;**  
**This now;**  
**You are living and working in a Pandemic**

**RUTGERS**  
New Jersey Medical School



impacted by the COVID-19 related workplace changes and stressors.

Those requested to take the survey include any health care worker, employee or trainee over 18 years of age of a health care organization that provides patient care. 'Worker' includes all in the organization,

whether providing direct care or indirect and supportive care to the mission.

The data collected in this completely anonymous survey will help the surveyors to understand the specific ways stress from COVID-19 is affecting healthcare employees. This data can be used to inform policies aimed at improving the workplace.

The consent for this survey can be found [here](#).  
Those wishing to complete the survey can access it [here](#).



## The Pandemic and Mental Health - Telephone Hotline



For NJMS-UH-UPA faculty & staff who are experiencing stress, worry, or health anxiety. NJMS Psychiatry is launching a telephone support service during these times of health crisis. If you need a call back for a brief telephone call to get

support and guidance please contact: [Stress.Anxiety@njms.rutgers.edu](mailto:Stress.Anxiety@njms.rutgers.edu) and leave your name, telephone number, and best time to call.

For more resources, please visit [NJMS.Rutgers.edu/Psychiatry](https://NJMS.Rutgers.edu/Psychiatry).



## Staff with Suspected COVID-19

- Management and staff are reminded that employees who are suffering from COVID-19 suspected symptoms, are not examined, tested, or treated by Employee Health.
- Instead, those staff should be directed to contact their PCP. For staff without a PCP, the UH Emergency Department and Ambulatory Medicine Clinic are open to the public and available to staff as well.
- Before visiting the Ambulatory Medicine Clinic, staff should first call the ACC Triage Nurse Line at (973)714-0005.
- Staff with confirmed or suspected COVID-19, should still call Employee Health at x2-3066 to report their symptoms.



## Resources & Contact Numbers

**NJ COVID-19 INFORMATION HUB:** <https://covid19.nj.gov/>

**SYMPTOMATIC UH & NJMS STAFF SEEKING COVID-19 TESTING:** Call (973)714-0005.

**UH STAFF WITH CONFIRMED OR SUSPECTED COVID-19:** Call Employee Health at x2-3066.



## Follow us on Social Media



@UniversityHospitalNewark



@UnivHospNewark



University Hospital



University\_Hospital\_Newark

Copyright © University Hospital Newark, NJ. All Rights Reserved.  
University Hospital [150 Bergen St, Newark, NJ 07103](#) • (973) 972-4300